



APP ALUMNI ASSOCIATION

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September, 2008

PRESIDENT'S LETTER

Dear APP Alumni Association Members,

As an organization, we continue to support our members by offering opportunities to network and to take advantage of educational opportunities through our fall conference and master class, as well as a collaborative event with the St. Louis Psychoanalytic Institute. Our fall conference speaker will be **Lou Cozolino, PhD**, a clinician and author of books such as *The Healthy Aging Brain* and *The Neuroscience of Relationships: Attachment and the Developing Social Brain*. Many members requested a speaker who would describe the latest research in neuroscience and how it might be helpful to us in our work with our patients. Please see the education committee report for more detailed information on the conference.

Diane Venker and the other members of the public relations committee have been busy planning our annual dinner meeting which will be held on October 16 at Mihalis Chophouse, the same location as last year because we had so many positive responses regarding this venue. I look forward to seeing many of you there. In addition, the committee has approved a scholarship for a student in the latest APP class. This is one way we can meet our goal of promoting the use of psychodynamic psychotherapy in the larger community. We hope these students will be future members of APP.

As always, thank you to our committee and board members who give their time and share their knowledge to ensure the continuing success of our organization. I especially want to remark on the professional appearance of our newsletter and thank Leslie for her hard work in putting it together. Also, thank you to the staff of the Psychoanalytic Institute for helping with our mailings.

Sincerely,

Brenda Flynn

ADVANCED PSYCHODYNAMIC
PSYCHOTHERAPY ALUMNI ASSOCIATION



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Education Committee Report: Spring, 2008

The Education Committee has been hard at work preparing for the fall conference. It is just around the corner and we hope that you have received the "Save the Date" card and have penciled the conference into your busy calendars. We are very excited to have secured such a well known and articulate speaker. The topic that Dr. Cozolino will discuss is at the forefront of neurological research. Dr. Cozolino will provide scientific validation for the therapeutic process in which we involve our clients. In his presentation, he will explain what happens neurobiologically and, consequently, we will learn how to target our interventions more specifically to patient needs.

In addition to responding to the upcoming conference brochure, you now have the option of printing out the registration form from The Psychoanalytic Institute's website under the APP section.

We are in the process of identifying a speaker for the master class and we are thinking of bringing someone in with a background in object relations therapy. Hopefully we will know more details by the next newsletter. As always, we welcome your thoughts and suggestions. Please feel free to contact either **Sherie Kaplan** at sheriekaplan@earthlink.net or **Basia Yeziorna** at basiayeziorna@gmail.com.

Sheri Kaplan, MSW, Education Chair

PR Committee

The annual APP Alumni dinner will take place Thursday, October 16. We will be returning to Mihalich Chophouse in Maplewood -- a perfect venue for enjoying an evening with good friends. Save the date and watch the mail for your invitation.

Diane Venker, Public Relations Chair

THE PSYCHOANALYTIC INSTITUTE'S EDUCATION COMMITTEE WANTS YOUR FEEDBACK!

The Institute's Education Committee would like you to know that they are very interested in providing the educational experience that our members seek. They would like to hear from you on the following subjects:

- **What topics interest you?**
- **What formats interest you-- lectures, on-going case presentation, group supervisions, others?**
- **What days and times work best for you?**
- **Frequency – do you prefer several short classes, or one or two long ones?**

Please contact **Peter Ruderman** at Pruderman@aol.com with your thoughts/suggestions. Do not hesitate even if you think that nobody else would be interested in a given topic or that you are the only one who has specific time requirements. Let Peter know – you may be surprised by the results!

CHILD AND ADOLESCENT PSYCHODYNAMIC PSYCHOTHERAPY:

APP Director **Lenita Newberg, MSW**, and Child Analytic Committee Chair **Jim Mikolajczak, MD**, have been working over the summer to incorporate additional child classes into the APP curriculum, and to design an 8-week supplement—focusing on child and adolescent psychodynamic psychotherapy—for each of the two years. We are pleased to offer the 2-year, eight-week supplement to the APP class of 2008-2010, as well as to all of our APP alumni. As alumni you may choose to take the eight-week supplements only, or audit the entire 2-year program plus take the supplements. Over the two years the course will cover such areas as: working with parents, evaluation of children and adolescents, case formulation through case conferences and didactic courses.

CHILD AND ADOLESCENT PSYCHODYNAMIC PSYCHOTHERAPY: continued...

The class will meet during May and June on Monday evenings from 7-10 pm. Students meet twice weekly for group supervision offering a variety of current child psychoanalytic clinical perspectives.

Credit: May be arranged through some university programs. Continuing Education credits are available.

Tuition: APP graduates may choose to re-take or audit the APP Program and take the supplement for \$4300 a year, or they may sign up for each 8-week supplement for \$600.

To Apply: Please send a brief note requesting consideration and attach a short essay (not more than one page) on how this training in child psychodynamic psychotherapy would apply to your current work situation. Please send a work history or CV along with your letter of interest.

If you have questions regarding this supplemental program, please call **Lenita Newberg, MSW**, at 314-754-3251 or **Jim Mikolajczak, MD**, at (314) 726-1666.

Announcements/Comings/Goings:

A new "Wife, Widow, Woman" support group, sponsored by the National Council of Jewish Women, is now forming and will begin in November. Meetings will be held every other Wednesday, 1-2:30 pm, for 12 sessions. For more information, contact **Carole Simon** at 314-308-3730, or **Sue Gouaux** at 314-726-0011.

Part-time office space will become available after January 1st, 2009, in a pleasant, congenial, well-located Clayton suite with several APP Alumni members and others. For further information, call **Linda Cohn, MSW**, at office 314-477-5044 or home 314-997-3887.

Announcements/Comings/Goings: continued...

Margaret Culver, MSW, will present: "The Importance of Perseverance, Resilience, and Hope Post TBI," at the third annual conference of **The Brain Injury Association of Missouri**, which will be held on October 1-4, 2008. For more information, contact Margaret at morculver@gmail.com, or call her at 636-458-6888 or 636-300-1780.

For more information about Kids' Clubhouse free bereavement support groups for children and adolescents, or to refer a client, please contact **Leslie Weinstein**, Kids' Clubhouse Program Director, at 314-721-1144.

Please keep your colleagues up to date by posting your announcements in this newsletter. Contact Editor **Leslie Weinstein** at leslieweinstein@aol.com, or call her at 314-725-4511 (office) or 314-650-9154 (cell).

CALL FOR NEW GROUPS!

We are looking for APP members interested in joining groups in the following areas:

- **Book Discussion/Study**
- **Peer Supervision**
- **Ethics Discussion/Study**

If you would like to join or find out more about these opportunities, please contact **Basia Yeziorna** at basiayeziorna@gmail.com or 314-537-0226 (cell).