

UPCOMING EDUCATIONAL OPPORTUNITIES AT THE INSTITUTE

For more information about the following programs, call 314-361-7075, ext. 323, or email csk@stlpi.org.

WINDOWS INTO THE THERAPY PROCESS

Ruth Altman, MA

Stuart Ozar, MD

In-depth clinical discussions will shed light on the psychodynamic psychotherapy process. Each class begins with a brief presentation of a core concept followed by material from the psychotherapy process. Previous students in the class rave about the dual teaching method, which encourages lively dialogue and debate. Participants are expected to have some knowledge of psychodynamic theory and practice.

7 Tuesday Evenings

Jan. 13, 20, 27, Feb. 3, 10, 17, 24

7:00pm – 9:00pm

Institute Classroom A

Fee: \$225 (\$175 plus \$50 book fee)

CEUs: 14 Credit Hours.

GROUP SUPERVISION

For Licensed Therapists

(Non-licensed therapists should investigate the Supervision Fellowship Program offered by the Institute Schiele Clinic)

Achieving skill in conducting dynamic psychotherapy is a never-ending developmental process that continues throughout the professional life of each therapist. Psychotherapy supervision offers a situation that allows the supervisees to use the skills, experience, and understanding of an experienced therapist. Group supervision offers exposure to a wide variety of cases and therapeutic styles thus a broader comparison of clinical material and therapeutic technique.

Participants in this program will be placed into groups of 3 or 4 therapists with an Institute Faculty member or Advanced Candidate as a supervisor. The group will meet weekly, at a time negotiated between the supervisees and the supervisor, beginning in January and ending in May. Sixteen group sessions will be planned during that time.

16 group supervisory sessions to be determined by each group

Beginning January 2009

Fee: \$320

CME/CE: 16.0

KNOWING WHAT ISN'T KNOWN— A CONTINUOUS CASE CONFERENCE

Nadia Ramzy, PhD

Designed for advanced level therapists, this course will involve the continuous presentation of clinical material/process by students across 7 class sessions. The purpose is to give participants an in-depth opportunity to develop their understanding of psychodynamic processes operating within a patient/s and in the therapeutic process itself. The teacher/moderator/faculty member for the continuous case conference will be responsible to lead, facilitate and develop the discussion as the student presenter presents the clinical material to the class group.

8 Thursday Evenings

February 5, 12, 19, 26, March 5, 12, 19, 26

7:00 – 8:20 pm

Institute Classroom A

Fee: \$225

CME/CE: 9.6 Credit Hours

LOVE ON THE ROAD

Using Dream Work in Psychotherapy with Couples

Deborah Anna Luepnitz, PhD, presenter

Deborah Anna Luepnitz, PhD, is a psychoanalyst in private practice in Philadelphia, as well as a member of the clinical faculty of the Department of Psychiatry at the University of Pennsylvania School of Medicine. In addition, she is a founder of I.F.A. (Insight for All), a program for providing psychotherapy to the homeless in Philadelphia, and the author of three books. For Dr. Luepnitz, psychoanalysis informs psychotherapeutic work of all kinds: couples counseling, family therapy and work with the homeless as much as the individual patient in intensive therapy. Her flexible approach to working analytically, her profound grasp of psychoanalytic literature and her lucid expository style make her a marvelous guide to the application of psychoanalytic theory and technique in any setting.

Friday, May 8, 2009

5:00 -7:00 pm

The Ethical Society

Fee: \$35

CME/CE: 2 Credit Hours



APP

ALUMNI ASSOCIATION

Volume 18, Number 14

December, 2008

PRESIDENT'S LETTER

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We are nearing the end of another successful year for our organization. In October, **Diane Venker**, our public relations chairperson, hosted our annual meeting and dinner at Mihalis Chophouse. Our fall conference was well attended with many new people in attendance. **Dr. Lou Cozolino** provided a stimulating and thoughtful presentation on neuroscience and psychotherapy. Successful fall conferences are necessary if we are to continue to offer the master class at a low cost for members. In addition to providing quality educational events for the community, it is also a way to make people aware of APP and other classes offered by the Psychoanalytic Institute.

Our education committee, chaired by **Sherie Kaplan** and **Basia Yeziorna**, is a lively and dedicated group who are already planning for the spring master class and the next fall conference. We should have speakers arranged for these two events in the near future. Thank you to all the members of this committee for the time and effort they put into ensuring the success of the fall conference.

It is time to renew your membership. **Linda Cohn**, our membership chairperson, has asked that you send your renewals to her by January 1. Remember the master class is for members only. In October, the education committee hosted a reception for members of the two current APP classes. We look forward to having them join the 80+ current members of APP.

Hope everyone has a meaningful and enjoyable holiday season.

Sincerely,

Brenda Flynn

ADVANCED PSYCHODYNAMIC
PSYCHOTHERAPY ALUMNI ASSOCIATION

Education Committee Report:

We would like to extend a big thank you to the education committee members for making our fall conference such a success. We had 94 people in attendance at The Rivercamp Conference facility on November 14th, 2008. **Dr. Louis Cozolino** came to speak about The Neuroscience of Psychotherapy. He was a very knowledgeable and dynamic speaker and, based on the post-conference evaluations, he was highly rated by the majority of attendants.

While the fall conference is still fresh in our memory, we are already in the planning stages of the master class. We are hoping to host **Jill Scharff** who has agreed to come and discuss psychopathology, including severe cases. She will use clinical material throughout her presentation. As soon as we finalize the date, we will send an e-mail as well as a registration flyer. Please make sure that all of your email and contact information is up to date.

We wish you all a good holiday season and hope to see you at the Master Class.

Sincerely,

Sherie Kaplan, MSW, and Basia Yeziorna, MSW, Education Committee

MEMBERSHIP NEWS:

The APP Alumni Association's annual membership renewal is underway. Over 60 members have already sent in their updated information for inclusion in the 2009 Members' directory. We hope you will join them in supporting the organization that supports you and your practice through networking, continuing education and much more. Send in your updated information to **Linda Cohn** at 225 S. Meramec, Ste. 432T, Clayton, MO, along with the annual dues of \$40.00 (\$25 for retired members) by January 1, 2009. We anticipate an influx of new members at the end of this year's APP class, and more to join our ranks in 2010 when the 2nd class graduates.

Submitted by

Linda Cohn, MSW, Membership Chair

THE PSYCHOANALYTIC EDUCATION COMMITTEE WANTS YOUR FEEDBACK!

The Institute's Education Committee would like you to know that they are very interested in providing the educational experience that our members seek. They would like to hear from you on the following subjects:

- What topics interest you?
- What formats interest you-- lectures, on-going case presentation, group supervisions, others?
- What days and times work best for you?
- Frequency – do you prefer several short classes, or one or two long ones?

Please contact **Peter Ruderman** at Pruderman@aol.com with your thoughts/suggestions. Do not hesitate even if you think that nobody else would be interested in a given topic or that you are the only one who has specific time requirements. Let Peter know – you may be surprised by the results!

STUDY GROUP OPPORTUNITY

Dr. Moisy Shopper is interested in setting up a study group on a few case presentations regarding, "Medical Problems with Patients in Psychotherapy Treatment". If members are interested in presenting case material with him as an instructor, they can contact him by phone at 314-754-3248.

Submitted by

Tina Dale, MSW

CHILD AND ADOLESCENT PSYCHODYNAMIC PSYCHOTHERAPY

APP Director **Lenita Newberg, MSW**, and Child Analytic Committee Chair **Jim Mikolajczak, MD**, have been working over the summer to incorporate additional child classes into the APP curriculum, and to design an 8-week supplement—focusing on child and adolescent psychodynamic psychotherapy—for each of the two years,. We are pleased to offer the 2-year, eight-week supplement to the APP class of 2008-2010, as well as to all of our APP alumni. As alumni you may choose to take the eight-week supplements only, or audit the entire 2-year program plus take the supplements. Over the two years the course will cover such areas as: working with parents, evaluation of children and adolescents, case formulation through case conferences and didactic courses.

The class will meet during May and June on Monday evenings from 7-10 pm. Students meet twice weekly for group supervision offering a variety of current child psychoanalytic clinical perspectives.

Credit: May be arranged through some university programs. Continuing Education credits are available.

Tuition: APP graduates may choose to re-take or audit the APP Program and take the supplement for \$4300 a year, or they may sign up for each 8-week supplement for \$600.

To Apply: Please send a brief note requesting consideration and attach a short essay (not more than one page) on how this training in child psychodynamic psychotherapy would apply to your current work situation. Please send a work history or CV along with your letter of interest.

If you have questions regarding this supplemental program, please call **Lenita Newberg, MSW**, at 314-754-3251 or **Jim Mikolajczak, MD**, at (314) 726-1666.

ANNOUNCEMENTS/COMINGS/GOINGS:

Michael Daltro will change his name to **Michael Deal**, effective January 1, 2009.

Part-time office space will become available after January 1st, 2009, in a pleasant, congenial, well-located Clayton suite with several APP Alumni members and others. For further information, call **Linda Cohn, MSW**, at office 314-477-5044 or home 314-997-3887.

Rosemary Strembicki will move to a new office in Clayton at 225 S. Meramec, Suite 432 T, effective January 1, 2009. The phone number will remain the same: 314-707-2688.

Please keep your colleagues up to date by posting your announcements in this newsletter. Contact Editor **Leslie Weinstein** at leslieweinstein@aol.com, or call her at 314-725-4511 (office) or 314-650-9154 (cell).