

The APP Alumni Association  
FALL CONFERENCE  
presents

Jill and David Scharff  
on

Interpersonal Unconscious in Couples  
and Couple Therapy

October 23, 2009 at the Zoo

Look for mailings and email announcements for  
registration information!

change. All APP and Institute members will be invited to as-yet-unscheduled book-signings, so keep an eye on the next newsletter for dates and times.

**Sherie Kaplan** has moved to a new office at 130 S. Bemiston, Suite 704, Clayton, MO 63105. Her phone number remains the same at 314-367-7470.

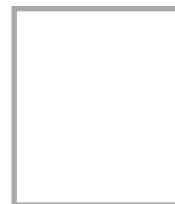
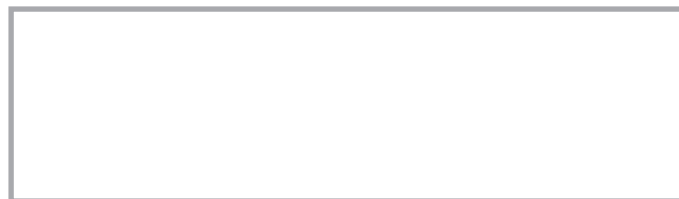
**APP Alumni leases office space at the Institute!** As an APP alum, you qualify to lease space at the Institute building on Ladue Road. If you are interested in finding out more, contact Cathy Krane at 314-361-7075.

Please keep your colleagues up to date by posting your announcements in this newsletter. Contact Editor **Leslie Weinstein** at [leslieweinstein@aol.com](mailto:leslieweinstein@aol.com), or call her at 314-725-4511 (office) or 314-650-9154 (cell).

**ANNOUNCEMENTS/COMINGS/GOINGS:**

Congratulations go to **Meg Selig**, who has announced that her self-help book, *Changepower! 37 Secrets to Habit Change Success* (Routledge) will be out in November, 2009. She has been teaching short classes on habit change for the last ten years at St. Louis Community College at Florissant Valley. The book is based on those experiences, as well as on research on motivation, stages of change, and successful self-

**Brenda Flynn, MSW**  
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# APP

## ALUMNI ASSOCIATION

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ADVANCED PSYCHODYNAMIC  
PSYCHOTHERAPY ALUMNI ASSOCIATION

### PRESIDENT'S LETTER

Dear Colleagues:

As I near the end of my time as president of APP, I wish to acknowledge and thank all the members of our board and committee members. They have given their time and expertise to keep our organization a place where we can receive education which permits us to deepen our understanding of our clients' material and strengthen our clinical skills.

The Education committee, chaired by **Sherie Kaplan** and **Basia Yeziorna**, is very busy planning our next fall conference, which will take place on October 23 at the Zoo. Continuing our 2009 theme of presentations on couples therapy, **Dr's. David and Jill Scharff will present on the topic of "Interpersonal Unconscious in Couples and Couple Therapy."** Jill Scharff led our last master class which was well received by those who attended.

Our Public Relations committee is currently planning our next annual dinner, scheduled for November 5, where we will meet incoming board members and have the opportunity to spend an evening visiting with colleagues. Also, **Diane Venker** and her committee have led the selection process for the scholarships which our organization provides for members of the current APP classes. Diane graciously provided her home as a meeting place for **Dr. Deborah Leupnitz's** case presentation on using dream work in working with couples. The presentation was well received by those who were able to attend on a very busy weekend

I look forward to seeing many of you at the fall conference and at our annual dinner.

Sincerely,

**Brenda Flynn**

## Education Committee Report:

The Education Committee is in the midst of preparing for the upcoming fall conference. We are honored to have as presenters **Jill and David Scharff** who most of you will recognize as the experts and leading figures in object relations marital theory. The Scharffs continue to evolve and expand their perspectives, so we are looking forward to a challenging and enriching day! **The title of the conference is "Interpersonal Unconscious in Couples and Couple Therapy" and we hope you will join us on Friday, October 23 at the River Camp facility at the Zoo.** Please don't forget that this will also be a good opportunity to catch up with your APP friends and colleagues! You will soon be receiving more information about the conference in the mail (and via email).

Our master class is secured for March 6, 2010. **Abbott Bronstein will present on a contemporary Kleinian view of analytic therapy.** Case material will be used to illustrate the clinical concepts.

As always we welcome suggestions for future speakers - please feel free to call either one of us if you have heard a speaker who you think might be a good match for us.

Hasta la conference amigos!

Sincerely,

**Sherie Kaplan, MSW, and Basia Yeziorna, MSW, Education Committee Co-chairs**

## OPINION

### Healthcare Reform: In the Midst of Deception, Distraction and Intimidation

Dear Members of the APP Alumni,

It's time for professionals in our practice to speak out on behalf of healthcare reform. I believe skyrocketing health insurance costs are the single biggest threat to private practice psychotherapy businesses.

## OPINION continued...

As the next president of this organization and a prior board member of Psychotherapy St. Louis, the one topic that my colleagues mention above all others is the burdensome cost of purchasing private health insurance. It has forced many well-qualified clinicians out of private practice entirely, or has caused them to take on additional jobs that provide health insurance.

My own annual health insurance premiums have risen higher than 12% per year for the past six years. At this rate, my health insurance premium next year will be my largest single monthly business expense. If this can happen to a relatively young male with no pre-existing health conditions, imagine what's happening to our older and less healthy colleagues. It's time to take a stand against this system.

The U.S. Congress is currently debating healthcare reform. The bill currently pending in the House of Representatives is the most progressive, far-reaching legislation proposed thus far. When it reaches the Senate, it will need the support of Missouri Senator Claire McCaskill, who has yet to come out in support of it.

I urge each of you to contact Sen. McCaskill and encourage her to vote for the House bill when it comes up in the Senate:

Office of Senator Claire McCaskill  
United States Senate  
Hart Senate Office Building, SH-717  
Washington, D.C. 20510  
(202) 224-6154  
FAX (202) 228-6326  
<http://mccaskill.senate.gov>

Do it today.

Submitted by **Jeff Piper, MSW, LCSW, President-Elect**

## MEMBERSHIP NEWS

Membership in the APP Alumni Association totaled 85 members this year, reflecting the addition of five new members from the 2007 graduating class. Several from the class of 2007 are already actively participating on the Alumni Association Board. In addition, we recently welcomed eight 2009 APP graduates and extended free membership in the APP Alumni Association to them through Fall, 2009, when annual membership renewal takes place. Their contact information is printed below.

In addition, member **John May** has a new email address: [mayway1@att.net](mailto:mayway1@att.net)

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One important note: Please send any updated demographic information to **Linda Cohn** ([cohn@wustl.edu](mailto:cohn@wustl.edu)) Membership Chair, **Michael Deal** ([michaeldeal7@yahoo.com](mailto:michaeldeal7@yahoo.com)) Directory Chair, and **Cathy Krane** at the Institute (314-367-7075) so that we may keep our data base current.

Submitted by **Linda Cohn, MSW, Membership Chair**