

# Hyman H. Fingert, MD

## Lecture

### Truth, Reconciliation, and Reparation

with Paula Christian Klinger, PhD

**April 11 | 7:30 p.m.**

- Hybrid
- Fee: \$25 no credits / \$40 with credits
- 1.5 Credits
- Intermediate

#### Registration

[Stlpi.org/Fingert2024](https://Stlpi.org/Fingert2024)



#### Course Description

Taking the position that a road paved with truth, reconciliation, and reparation is the road less traveled in our racial and sociocultural healing and our search for human resonance, this presentation seeks to face our toxic history and asks the question “How do we heal?” It also asks the question “How do we move to sharing power and human resonance in our diverse world, given our cumulative trauma of prejudice, discrimination, racism, immeasurable global human suffering, cruelty, domination,



oppression, home-grown domestic and police violence, war, and genocide?” Weaving in topics such as the 2014 murder of Michael Brown, Dr. Klinger will encourage us to hold in mind others who remain the “unheard and unseen;” those whose emotional, mental, and spiritual safety and security is not assured—including our Black and brown, Indigenous, Asian, and Jewish communities, from younger to elder, gendered, transgender, and nonbinary neighbors. She aims to foster our ability to integrate the destructive, cumulative, and collective trauma our ancestors passed on to us as well as our inheritance of their adaptive strengths and gifts. The ultimate goal of this presentation is to arise out anew, wiser, more ably exposed, and emotionally ready for Truth, Reconciliation and Reparation to take hold within ourselves, and then, to expand the inner communal circle to see and be with the Truth residing in others.

## Course Objectives:

1. Identify the barriers and bridges to sharing power and human resonance that impede and foster “truth, reconciliation and reparation” in relationship to self and others, and within organizations, systemically.
2. Describe Dr. Klinger’s six psychoanalytically informed self-study/self-analytic practices, in building “emotional readiness” to support the development and healing of self and diverse lives.
3. Discuss the value and steps of a psychoanalytically informed self-study group-reflective process, which enhances both self-analytic and socio-analytic work that incorporates seeing self as both individual and communal/socially embedded.
4. Sharpen your self-analytic/self-study capacities by embracing with greater recognition your impact on others: How you operate in the world, in clinical practice, professionally and within the community.

## Biography:



Dr. Paula Klinger is a board-certified clinical psychologist and psychoanalyst, and for 35 years, has been President/ Founder of PsychAssets and Klinger Consulting Group. She specializes in working with children, adolescents, and adults; with families, leaders, and organizations, and communities from diverse racial and sociocultural identities, cross-generational and socioeconomic backgrounds.

Dr. Klinger has recently received the Public Leadership Credential [PLC] from Harvard University, John F. Kennedy School and was appointed North America Region Representative to the International Psychoanalytical Association’s [IPA] “The Community and the World” Committee: Prejudice, Discrimination and Racism. She is member of the American Psychoanalytic Association, Chair of the Department of Psychoanalytic Education (DPE) Section: The Psychoanalyst in the Community, is member of the International Society for the Psychoanalytic Study of Organizations (ISPPO), American Psychological Association (APA), DIV 39, Psychoanalytic Psychology, and is a founding member of Black Psychoanalysts Speak (BPS). She is the Journal Editor of Psychoanalytic Inquiry’s forthcoming: Black Psychoanalysts Write.

Dr. Klinger has designed individual and group leadership programs that address cultural and social complexities, identity, and role clarification in leadership development, systems thinking, social-relational dynamics, and sustainable transformational change.

By creating a self-study/reflective model combining self-analytic and socio-analytic practices, art-informed and experiential, to use in her varied organizational consultations, Dr. Klinger has been recognized for her work in:

- Developing high potential leaders,
- Group dynamics, crisis management and crisis/trauma recovery.
- Family and business leadership team development and alignment initiatives.
- Organizational climate and culture change; and
- Organizational visioning, strategic and succession planning.

With a subspecialty in research, Dr. Klinger has also developed field studies and courses in statistical measurement and design. She has presented numerous times for conferences and organizations, throughout the US and internationally in Europe, the UK and Copenhagen, Russia, St. Petersburg, and Moscow, and in Mainland China.

As a new multicultural family and child development center, Dr. Klinger is Board Chair of Harlem Family Services, INC, [HFS], which is dedicated to developing and providing the full range of psychoanalytically informed life-skills coaching/mentoring and clinical services to underserved and marginalized diverse communities of Harlem and beyond. She has also served as Principal Organizational, Relational and Cultural Consultant at Harlem Family Institute [HFI], supporting multicultural psychoanalytic candidate training and HFI’s growing Community Bridging Outreach Initiatives.

Along with her clinical work as psychologist/psychoanalyst, teaching and organizational consultation, she is an award-winning writer/artist, recipient of the 2020 Next Generation Indie Book Finalist Award for Poetry and Illustrations, titled: “Power Your Heart, You Power Your Mind, Self-Study then Build a Bridge to Someone,” which can be found on Amazon. Her co-produced podcast with Lori Blumenstein-Bott: “We Are Human First” received the 2020 Hermes International Creative Gold Award and is on Spotify, Apple, and [www.psychassets.com](http://www.psychassets.com).

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