

I.H. Cohn, MD

Lecture

Increasing Adaptive Racial Socialization for Black Boys: A Culturally Competent Psychodynamic Analysis

with Huey Hawkins Jr., PhD, LCSW

March 14 | 7:30 p.m.

- Hybrid
- Fee: \$25 no credits / \$40 with credits
- 2 Credits
- Beginner

•Registration

Stlpi.org/Cohn2024



Course Description

Black men living in America have been designated as an “endangered species” for a variety of reasons, namely the targeting and violence done to young Black men by police. Such experiences leave the parents of young Black boys to worry on a constant basis about the safety of their sons. Few scholars, however, have examined the unconscious effects of such worry on the young Black

child’s experience of the holding environment and the subsequent identifications that inform his sense of self in relation to others. Inspired by a recent qualitative research study, this program explores the implicit and explicit psychological effects of cultural trauma. It aims to prepare the clinician: (1) to understand normative psychological experiences of racism for Black boys; (2) to cultivate a positive racial identity for Black boys; and (3) to teach Black boys ways to navigate safety in harmful racist environments.

Course Objectives:

1. Describe cultural trauma, endangerment, and racial socialization for Black male children.
2. Explain how psychodynamic therapy can help Black male children navigate safety in systematically racist environments.
3. Identify how to create a holding environment where Black male children can develop a positive racial identity.
4. Summarize the harmful effects of societal systems on the unconscious development of Black boys.
5. Explain how the intersection of class, gender, familial history, and geographic location affect the Black male child's experience of race.

Biography:



Dr. Huey Hawkins, LCSW earned his doctorate degree in clinical social work from the Institute for Clinical Social Work, where his research and clinical interests focused on the intersection of culture, race, and the unconscious. His dissertation explored unconscious messages of endangerment by mothers to their African American sons. As an experienced clinician, Dr. Hawkins has a long history of providing psychotherapy services to African American boys and men in multiple public and private settings, including his own psychotherapy practice in St Louis and Oklahoma City. He teaches clinical social work courses at Smith College, George Mason University, and the Institute for Clinical Social Work, where he also serves as the Academic Diversity and Inclusion Coordinator. Additionally, Dr. Hawkins is a candidate in adult psychoanalysis at the St Louis Psychoanalytic Institute.



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