

SAINT LOUIS

**PSYCHOANALYTIC
INSTITUTE**



Annual Report



MESSAGE FROM THE PRESIDENT

What a year! Our contributions were up 28% over the previous year. We achieved so much during our 2018-2019 fiscal year.

Our wonderful clinic continues to grow in its professional status with collaborative relationships that have expanded. A fellowship for provisionally licensed therapists is in place with KIPP schools and we are constantly expanding our presence there. Our partnership with the Mental Health Collaborative at Casa de Salud is strong with low-fee treatment being provided for foreign-born populations and an established monthly case conference for mental health professionals. Also, a new group is exploring Religion and Psychotherapy.

Our therapists and students benefit from an unparalleled learning experience that contributes to high-quality care in our community during their study at the Institute and for years beyond. These programs and services to our community benefit the many lives of those currently in treatment, and also ripples out into innumerable other relationships.

THANK YOU for your incredible support which goes so far to help our Institute in this important work!

Lenita Newberg

2018 - 2019 LEADERSHIP

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The mission of the St. Louis Psychoanalytic Institute is to promote mental health through psychoanalytic education, treatment, and investigation.

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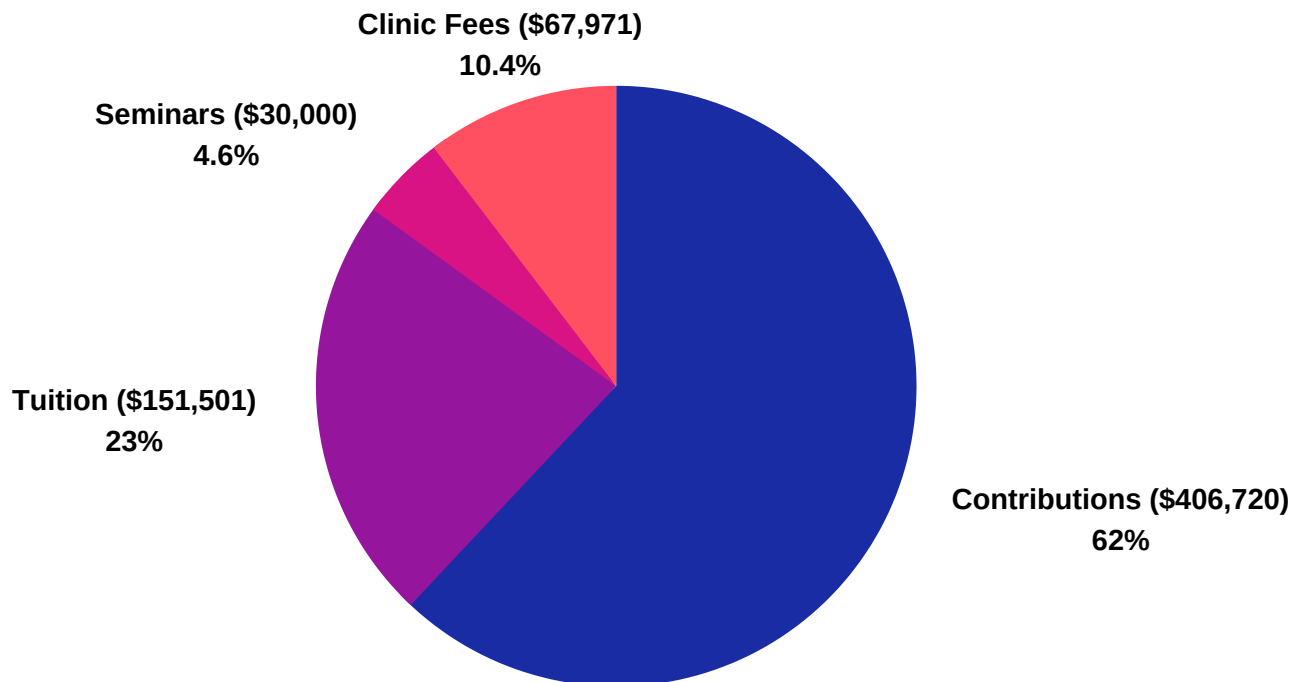
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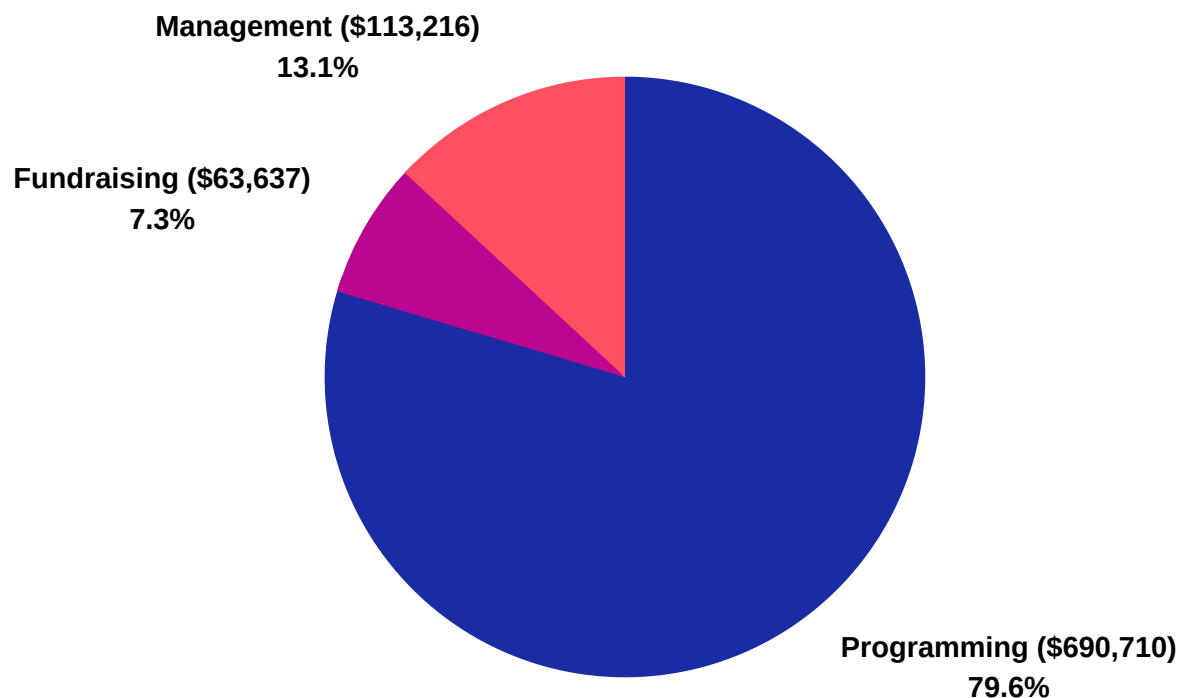
Our financial statement of activities
between July 1, 2018 and June 30, 2019.

REVENUES *



* Revenue excludes investment income

EXPENSES



WHAT WE DO

TRAINING

Our **Advanced Psychodynamic Psychotherapy (APP) Program** provides mental health professionals with theoretical and clinical training in psychoanalytically oriented psychotherapy. Students come from diverse mental health backgrounds, such as counseling, clinical social work, and psychology. For more advanced candidates we offer an **Analytic Training Program**.

TREATMENT

The **Herbert S. Schiele Clinic** provides high-quality, in-depth assessment and individual psychotherapy, all available at a fee based on a client's ability to pay. Our therapists are advanced clinical trainees that are provisionally licensed or graduate students in mental health programs.

COMMUNITY EDUCATION

The Institute provides continuing education for mental health and other professionals in the St. Louis community. Lectures and seminars are facilitated by psychoanalysts with diverse specializations and are offered to those out of state or country through distance learning.

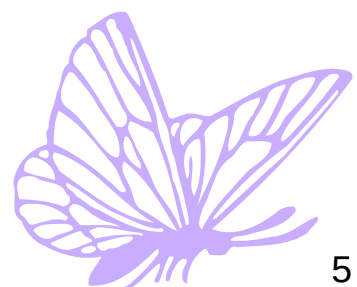


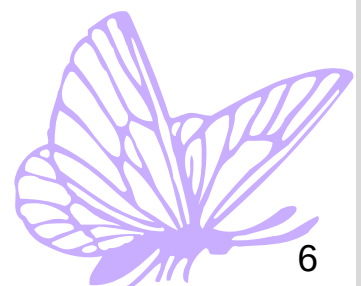
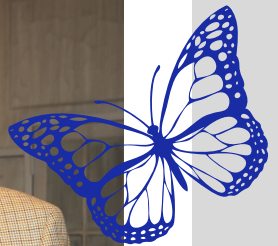
“APP ... provides additional education, more specific detail about how to engage with mental health patients than grad school does. This program supports exploring unconscious mechanisms, resolving symptomology and long-term recovery as opposed to just treating symptoms and minimizing symptomology. ... For professionals, it helps you conceptualize what’s actually going on.”

—Cherese Alcorn, MSW, APP '19 graduate



11TH ANNUAL SPRING FLING





COLLABORATIVE PARTNERS

Thank you to our collaborative partners that help us make a bigger impact in the community through education, treatment, and advocacy!

THE MENTAL HEALTH COLLABORATIVE

Casa de Salud
Bilingual International Assistant Services
Lutheran Family and Children's Services
Mercy Professional Services
Multicultural Counseling & Research Center
Saint Louis University's Medical Family Therapy Program
St. Francis Community Services

CHILD MENTAL HEALTH SERVICES

KIPP St. Louis Public Schools

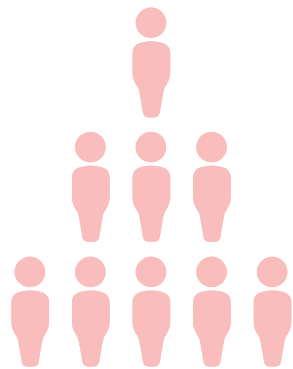
FIELD EDUCATION

Lindenwood University
Saint Louis University
University of Missouri St. Louis
Washington University in St. Louis



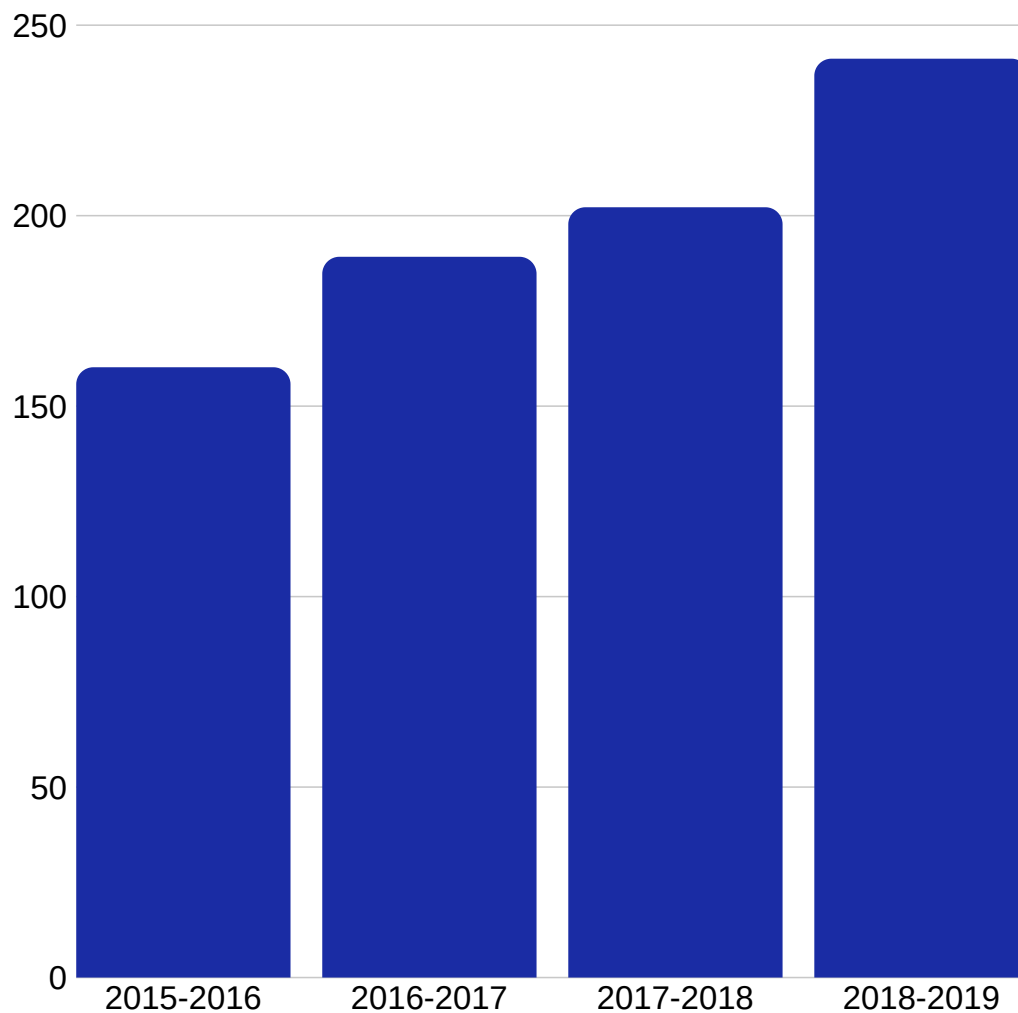
IMPACT

During the 2018-2019 fiscal year, the Schiele Clinic provided 3,411 treatment hours to 241 patients.



19.3%

**INCREASE IN
PATIENTS SERVED**



OUR DONORS

These donations were made between July 1, 2018 and June 30, 2019.

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The D.W. Winnicott Society honors those who provide annual support of \$1,000 or more. Winnicott members are a vital component of the Institute, and each year we extend our gratitude to those who support us with a special Winnicott Society Celebration.

OUR DONORS

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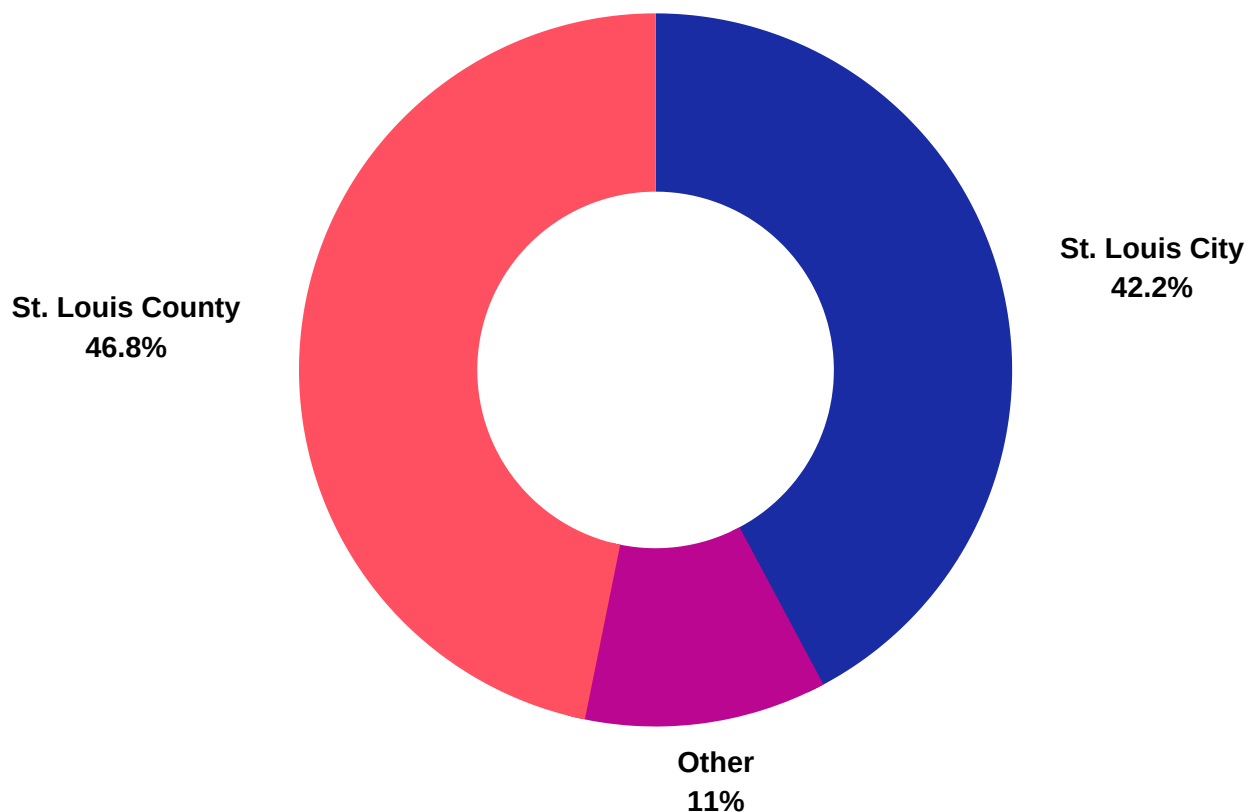
IMPACT

The Schiele Clinic of the St. Louis Psychoanalytic Institute serves the Greater St. Louis region targeting those from low-income backgrounds.

TOP 5 ZIP CODES SERVED



1. **63116 (STL CITY)**
2. **63110 (STL CITY)**
3. **63114 (STL COUNTY)**
4. **63109 (STL CITY)**
5. **63104 (STL CITY)**



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In 2002, the Institute established the Legacy Alliance to recognize the generosity of donors who have made planned gifts and to encourage new gifts that have a lasting impact on the Psychoanalytic Institute.

Any donor who has included the Institute in their estate plan, or made a planned gift is automatically a Legacy Alliance member and will be recognized in newsletters, annual reports, and similar printed materials.

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Those honored are in bold below, with donors noted below each honoree.

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