

## Start 2021 Strong by Investing in YOU

- **Working in the Wilds of Cyberspace - Starts Jan. 21**
- **Child Development Conference - Starts Feb. 15**
- **Zero to Six - Starts Feb. 18**
- **In Pursuit of Psychic Change - Starts March 17**
- **Psychosomatic Disorders: A Historical Perspective - Starts April 6**
- **Windows into Psychotherapy - Starts April 7**
- **The Psyche & World Outside - Starts April 8**
- **Cohn Lecture 2021 - Starts April 16**
- **Psychoanalytic Perspectives on Climate Change- Starts May 12**

## Part of the Centene Charitable Foundation Speaker Series

### **Child Development Conference 2021: The Mourning Process and Integrating the Loss of 'Normal' & Predictable: The Traumatic Impact of COVID-19 on Children, Adolescents, Parents, Schools, & Communities**

Mark D. Smaller, Ph.D.; Past President, American Psychoanalytic Association

February 15, 2021 • 8:30 a.m. - 3 p.m. • \$75 • 6 Credits • Online via Zoom

The presentation will address the three pandemics: COVID-19, anxiety/panic about the disruption to everyday life, especially for children and families; and systemic racism continuing to infect our communities.

A psychoanalytic perspective will be outlined regarding managing the long term traumatic impact of the loss of normal life and helplessness regarding the unpredictable nature of the pandemic and its effects. Clinical vignettes will be presented to highlight this perspective, with implications for strategies to move children, families, and communities forward. The presentation format will allow time for participant discussion.

### **The Cohn Lecture 2021: Neuropsychanalysis - Reconciling Psychoanalysis & Neuroscience**

Mary Nielsen, MD

April 16, 2021 • 7-9pm • \$25 • 2 Credits • Online via Zoom

This presentation will explore current neurobiological knowledge about human emotions and memory and relate these discoveries to our psychoanalytic understanding of the human mind and behavior.

Objectives:

1. Describe affective pathways and "drives" common to humans and other mammals.
2. Describe operations and permutations of different types of memory.

A special thank you to Phoebe Cirio, MSW, LCSW, former Community Education Committee Chair, Edmund Sprunger, MSW, current Community Education Committee Chair, and Committee Members.

# CONTINUING EDUCATION FOR THE PROFESSIONAL COMMUNITY

For complete course descriptions/objectives, details on distance learning and to register, go to the Lectures and Seminars tab at stlpi.org. For questions, contact Marketing at (314) 361-7075 or email marketing@stlpi.org. All classes will be held at the Institute unless otherwise noted.



## Working in the Wilds of Cyberspace: Boundary Issues, Enactments, & Changes in the Frame in Distance Analysis & Psychodynamic Therapy

with S Berlin Brahmam, Ph.D and Tina Marie Dale, MSW, LCSW

Thursdays, Jan 21, 28, Feb 4. from 7 to 8:30 p.m. • \$115 • 4.5 Credits • via Zoom • Intermediate Course

In 2020, issues with enactments, boundaries, and changes in the frame have taken on new relevancy, if not urgency, with the sudden disruption of business as usual caused by COVID-19. With little time for preparation, clinicians and patients have been forced to conduct sessions on the phone or via video conferencing platforms such as Zoom. However much therapists have attempted to recreate their former settings, the frame has radically changed: clinicians in their offices are

now working in the wild, plunged in their patient's habitats, and the affordances of communication devices and their screens pressure both parties to behave in ways incongruent with the office. This class will examine some of the boundary issues, enactments, and accommodations in treatment that arise in distance analysis and psychodynamic therapy with both children and adults. Changes in the frame will be carefully examined as will some of the affordances offered by devices and screens for acting out and for play.

## Zero to Six

with Edmund Sprunger, MSW, LCSW

Thursdays, February 18, 25, March 4, 11 from 7:30-9 p.m. • \$135 • 7.5 Credits • via Zoom • Beginner Course for Early Childhood Educators, Social Workers & Mental Health Professionals

This course explores the powerful emotions behind behaviors... A particular focus of the course will be applying an understanding of childhood development to the participants' work experiences. *This course has been approved for clock hours by the Missouri Professional Development Registry.*

## In Pursuit of Psychic Change: Selections from Members of the Betty Joseph Workshop

with Bernard Feinberg, MD

Wednesdays, March 17, 24, 31 from 7 to 8:30 p.m. • \$135 • 4.5 Credits • via Zoom • Advanced Course for MDs, Social Workers & Psychologists

Betty Joseph influenced a generation of analysts in Britain and elsewhere through her writings and the decades-long post graduate seminar she conducted in London. The material for this course consists of articles written by participants in her seminar, each of whom has contributed to the literature in his or her own right. We'll read first about the 'excessively cooperative patient.' And then about a man whose emotional defense was summed up in the cold idea 'don't let yourself love anybody, because they will suck you dry.' The course will conclude with a paper about a 12-year-old boy that raises questions about the limits of psychic change. Although each author has a unique way of working, each paper develops Joseph's idea that in any useful treatment, there tends to be a mutual interaction in which the treater is drawn into playing a part in the patient's system of defenses.

## Psychosomatic Disorders: A Historical Perspective

with Chester Smith, M.Ed., LPC

Tuesdays, April 6, 13, 20 from 7 to 8:30 p.m. • \$125 • 4.5 Credits • via Zoom • This Course is for Clinicians at All Levels

This course will examine the evolution of psychosomatic theory culminating in an exploration of current psychoanalytic views on somatization. We will look at the impact that various ways of responding to affect can have on the body including exacerbating existing medical conditions as well as being the source of somatic pathology.

## Windows into Psychotherapy

with Stuart Ozar, MD & Juliana Varela, MSW

Wednesdays, April 7, 14, 21, 28, May 5, 12, 19 from 7 to 9 p.m. • \$135 • 10.5 Credits • via Zoom • Beginner Course for MDS, Psychologists and Social workers

For those who are curious about what it is that psychodynamic therapists actually do, we offer a "window" into the process and a chance to connect an introduction to theory with actual clinical material. Each class will begin with a brief theoretical description of a core clinical concept, followed by the presentation and discussion of material from a long-term psychotherapy process. We welcome lively discussion, dialogue and debate. We encourage therapists working from within other theoretical frameworks to take this class. Some knowledge of psychodynamic theory and practice is helpful but not required.

## The Psyche & the World Outside: A Critical Engagement with Psychoanalysis

with J. Todd Dean, MD

Tuesdays, April 8, 15, 22, 29, May 7 from 7 to 8:30 p.m. • \$225 • 7.5 Credits • via Zoom • Advanced course for MDs, social workers, & Psychologists

The purpose of this course is to lay out central elements of psychoanalytic theory and practice in a way that should be comprehensible to interested parties, without focusing on the theoretical and technical distinctions among different schools of analytic thought that are commonly the focus of teaching in the field. At the same time, we will be focused on the qualities of psychoanalytic theory and practice that separate it from the so-called "evidence-based" approaches to mental health treatment & diagnosis that are more respected in academic institutions today.

## Psychoanalytic Perspectives on Climate Change

with Phoebe A. Cirio, MSW, LCSW

Wednesdays, May 12, 19, and 26 from 7-8:30 p.m. from 7 to 9 p.m. • \$115 • 4.5 Credits • via Zoom • Intermediate Course for MDs, Psychologists & Social Workers

The fact of climate change has been increasingly evident over the past decade. In recent years we have seen massive fires in Australia, the American West, and the Arctic, endangering the lives of people and animals, and causing damage to many, many acres of land and property. There has been flooding, and the increasing intensity of hurricanes and tornadoes in other parts of the world. Yet, there are many people, ordinary citizens, as well as people in positions of power and influence over public policy, who deny the reality of climate change. The prevalence of such denial and disavowal of what should be self-evident leads us to want to apply a psychoanalytic lens to the question of climate change. Fortunately, there is interest among psychoanalysts on this topic, and a literature is developing on this subject. We will use this course to explore some of the explanations for the difficulty with accepting the reality of climate change.

**CONTINUING EDUCATION:** Please see individual course descriptions online to determine specifics on the accrediting bodies for each individual lecture. Not all lectures are accredited by all of the following entities. **PHYSICIANS:** This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the American Psychoanalytic Association and the St. Louis Psychoanalytic Institute. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians. The American Psychoanalytic Association designates these Live Activities for AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity. **COUNSELORS:** The St. Louis Psychoanalytic Institute has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5953. Programs that do not qualify for NBCC credit are clearly identified. The St. Louis Psychoanalytic Institute is solely responsible for all aspects of the programs. **PSYCHOLOGISTS:** The St. Louis Psychoanalytic Institute is approved by the American Psychological Association to sponsor continuing education for psychologists. The St. Louis Psychoanalytic Institute maintains responsibility for this program and its content. **SOCIAL WORKERS:** The Missouri State Committee for Social Workers (reference Code of State Regulations 2263-2.082) accepts continuing education hours approved by professional associations in the human services, such as the NBCC, the American Psychological Association and others. **IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS:** None of the planners and presenters of this CME/CE program have any relevant financial relationships to disclose, nor is there any commercial support for this program unless otherwise specified. For information on instructor(s) and their credentials, please check this website, or call us at 314-361-7075.