

ABOUT US

The mission of the St. Louis Psychoanalytic Institute is to advance psychoanalysis and psychoanalytic thought, through training, treatment, education, and research to benefit the mental health of our diverse community.



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2022-23

COMMUNITY EDUCATION

SAINT LOUIS
PSYCHOANALYTIC
INSTITUTE

INVEST IN YOUR MIND

ST. LOUIS PSYCHOANALYTIC INSTITUTE
7700 CLAYTON RD., STE 200
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LECTURES & SEMINARS

Lectures & Seminars are designed for those in the community who may be interested in the topic, Mental Health, or are curious about the St. Louis Psychoanalytic Institute. The Hyman Fingert Lecture, the I.H. Cohn, MD Lecture, the Paul A. Dewald, Lecture, and the Child Development Conference are all sponsored by the Centene Charitable Speaker Series.

CENTENE
Charitable Foundation

CONTROVERSIES IN TREATING TRANSGENDER CHILDREN & ADOLESCENTS



with Jack Drescher, MD

Join us September 15 at 7:30 p.m. / **FREE**
/ 1.5 Credits / Beginner / Location TBD

The treatment of children and adolescents diagnosed with Gender Dysphoria (DSM-5-TR) or Gender Incongruence (ICD-11) has evoked both clinical and cultural controversies. This presentation begins by defining terms specific to this patient population, followed by a history of how

transgender individuals came to be a subject of mental health interest. It then reviews both clinical and social controversies surrounding diagnosing and treating minors with GD/GI. Recent political, legislative and judicial events surrounding the treatment of transgender minors are discussed.

FINGERT 2022

COHN 2022



AGE OF CONSENT: FETISH, KINK & THE POLITICS OF SEXUAL EXPLORATION

with Alison Feit, Ph.D

Join us Nov. 3 at 7:30 p.m. / \$25 no credits / \$40 with credits / 1.5 Credits / Beginner / Location TBD

Increasingly, consideration and discussion of consent have become part of the sexual experience. This ranges from a now mainstream practice of discussing the sexual boundaries of a hookup to the nuanced, psychologically laden agreements made within BDSM relationships. Many other aspects of 'kink' culture are now incorporated into 'vanilla' culture and perhaps surprisingly have led to a more sophisticated way of creating 'safer space'. The negotiation of mutuality of shared sexual experience, along with other such aspects of kink culture are rapidly changing the landscape of traditional sexual exploration. Additionally, consideration of a potential partner's emotional concerns have become a newfound priority even in more traditional sexual relationships (e.g. "sub-drop"). Thus, the evolving political and social landscape has changed the meaning of consent. Rather than a legal definition of the agreed-upon acceptable nature of a potential sexual interaction, the navigation of consent and desire between people encourages that each individual engage in personal reflection as to what is innately desirable to them. This lecture will explore the impact of such internal conversation when it is coupled with the verbal negotiation with the other and the many ways in which it impacts the nature of intimacy, eroticism, safety and sexuality.



DEWALD

2022

IN DREAMS BEGIN RESPONSIBILITIES: FACING ETHICAL FRAGILITY IN PSYCHOANALYSIS

with Jane V Kite, PhD

April 28 at 7:30 p.m. / \$25 no credits / \$40 with credits / 1.5 Credits / Beginner / Location TBD

Addressed to practicing psychoanalysts and mental health professionals, this presentation makes the point that the basis for ethics in psychoanalysis is paradoxically anchored in what is unknown in the analyst, and the unforeseen ways in which the analyst's unrepresented traumatic experiences may contribute to ethical failures in practice. Ethical fragility and uncertainty will be assumed as the norm rather than the exception in all of us, calling the question of whether ethics can be "taught" in an a priori fashion at psychoanalytic institutes. The phenomenon of fundamental human helplessness in the face of the inevitable transgenerational transmission of trauma will also be addressed, including the role played by early unregistered trauma in the analyst that may be discovered and recreated in "boundary violations".

MALE SEXUAL ABUSE: CASE CONFERENCE

Research dating back to the late 1970s has shown that while 1 in 4 women in the US are sexually abused before the age of 18, 1 in 6 American men are similarly sexually abused by the end of their teenage years. However, most of the current thinking about sexual abuse in both public and professional venues has been focused on women and girls, and there is little awareness of the needs of males recovering from sexual trauma. This workshop will examine common psychological sequelae of sexual abuse in men (e.g. depression, anxiety, self-harm, substance abuse etc...) as well as the role of psychosocial, cultural and religious factors in reporting and recovery. Particular emphasis will be placed on effective treatment paradigms as well as transference and countertransference issues that are frequently encountered in work with male survivors

Join us Tuesdays, October 18 and 25, 7:30 p.m. / \$180 / 3 Credits / Intermediate / Location TBD

WITH ALISON FEIT, PH.D



DESIRE, LOVE & ATTACHMENT STYLES: ROMANCE & EROTICISM IN THE AGE OF THE INTERNET

WITH ALISON FEIT, PH.D

Join us Wednesdays, Nov. 2 & 9 at 7:30 p.m. / \$75 / 3 Credits / Beginner / Location TBD

This course will focus on the psychology and biology of desire, love and attachment. We will discuss the ways in which childhood attachment patterns which are developed very early in life are thought to inform adult attachment styles to romantic partners as adults. We will try to understand some of the major theories of human mate selection and their relationship to monogamy and infidelity. Particular attention will be paid to the neurobiologic underpinnings of mate selection and the ways in which it unconsciously influences desire. The course will conclude with the role of self-awareness and how it can shift one's relationship attachment style towards more healthy attachment - the bedrock for securely attached bonded partnerships.

BUILDING RESILIENCE FOR YOUNG BLACK BOYS THROUGH ADAPTIVE RACIAL SOCIALIZATION



WITH HUEY HAWKINS, PH.D

Join us Saturdays, November 5, 12, and 19, 10:30 to Noon, / \$120 / 4.5 Credits / Beginner / Location TBD

Black men living in America have been designated as an "endangered species" for a variety of reasons, namely the targeting and violence done to young Black men by police. Such experiences leave the parents of young Black boys to worry on a constant basis about the safety of their sons. Few, however, have examined the effects of such violence on the young Black

man's sense of himself. Inspired by a recent qualitative research study, this course explores the psychological effects of cultural trauma. It aims to prepare the caregiver, teacher, and mentor of Black boys on how to (1) manage normative psychological experiences of racism; (2) cultivate a positive racial identity within Black indigenous persons of color (BIPOC) adolescents; and (3) navigate safety in harmful racist environments.



EARLY CONTRIBUTORS TO BRITISH OBJECT RELATIONS THEORY

WITH CHESTER SMITH, MED, LPC

Join us Thursdays, December 1, 8, and 15 7:30 p.m. / \$270 / 4.5 Credits / Intermediate / Location TBD

This course will begin with a brief history of the creation of British Object Relations Theory. We will then explore the role of three of the major contributors to British Object Relations Theory, Donald Winnicott, Melanie Klein and W.R.D. Fairbairn. Readings will include important articles by each along with contemporary writings about these theorists' work.



ON MARION MILNER WITH TENNYSON DODD, MSSW

Join us Thursdays, January 5, 12, 19, and 26 7:30 p.m. / \$120 / 5 Credits / Beginner / Location TBD

Marion Milner was a writer, painter, and psychoanalyst whose work spanned over half of the 20th century. Milner was well-known as an author before becoming a psychoanalyst, garnering praise from WH Auden and others for her remarkable experimental writing in *A Life of One's Own*. In this book, Milner endeavors to discover her forms of happiness after being struck by a sense that her life was not what she wanted it to be and her idea that she could change it through introspective writing. These preoccupations eventually led Milner to train

as a psychoanalyst. As an analyst, Milner wrote papers on creativity, symbol formation, destruction, countertransference, nonsense, mysticism, along with a book length case history detailing her 20 year treatment of a patient with schizophrenia called *The Hands of the Living God*. This class will explore selections of Milner's astounding oeuvre in order to gain a better understanding of her as a thinker and a clinician who was willing to engage in the creative work of experimentation toward psychic growth.

WINDOWS INTO PSYCHOTHERAPY

WITH STUART OZAR, MD & JULIANA VARELLA, MSW

Join us Wednesdays, Feb 1, 8, 15, 22, and March 1, 8, & 15 at 7:15 p.m. / \$100 / 14 Credits / Beginner / Location TBD

For clinicians or mental health students who are curious about what it is that psychodynamic therapists actually do, we offer a "window" into the process and a chance to connect an introduction to theory with actual clinical material. Each class will begin with a brief theoretical description of a core clinical concept, followed by the presentation and discussion of material from a long-term psychotherapy process. We welcome lively discussion, dialogue and debate. We encourage therapists working from within other theoretical frameworks to take this class. Some knowledge of psychodynamic theory and practice is helpful but not required.

SOMETHING IS HAPPENING: BOB DYLAN & THE PSYCHE I WITH TODD DEAN, MD

Join us Thursday, March 2, 9, and 16, 6:30 p.m. at 6:30 p.m. / \$270 / 4.5 Credits / Intermediate / Location TBD



In this class, we will study songs from Bob Dylan's early career to see how they speak to the way the psyche is structured, both in terms of their verbal description of how the mind works as well as the musical presentation of the songs: it will be remembered that changing from acoustic performance to electric was a very controversial move early in Dylan's career: that is also relevant to this theme. We will talk about the connections between Dylan's work and psychoanalytic theory as it is manifested in both clinical and theoretical work today. Perhaps most important, we will explore the ways in which Dylan's songs illustrate the links between the psychological and the social worlds.

CHILD DEVELOPMENT CONFERENCE

FEB 20

HOW TRAUMA AFFECTS CHILDREN & THEIR DEVELOPMENT

WITH EDMUND SPRUNGER, MSW, LCSW, KEISHA ROSS, PHD & CHESTER SMITH, MED, LPC

SESSION 1: ZERO TO SIX - THE RECAP

This presentation will highlight the crucial developmental issues that children and their caregivers have to work through from birth through age six. It will also address how the resolutions to those issues have an impact on later life.

SESSION 2: THE STRUCTURE OF ADVERSE CHILDHOOD EXPERIENCES (ACE): CULTURAL CONSIDERATIONS FOR COMMUNITIES OF COLOR

This session will outline coping mechanisms and cultural considerations for serving communities of color impacted by trauma. More specifically, this presentation will highlight the impacts of race-based stress/trauma, historical and intergenerational trauma on communities of color. This event will build language, conceptual framework, and tools for mental health access and advocacy, with a focus on bridging educational, faith, and mental health circles. This workshop plans to introduce necessary basic information for clinicians, educators, childcare workers, including systems of oppression, improving conversations about racism and discrimination..

SESSION 3: THE IMPACT OF EARLY CHILDHOOD TRAUMA

This course will look at how early trauma can disrupt development resulting in a wide assortment of symptoms and behaviors in children as well as in adults years, if not decades, later. These include problems with impulsivity and the regulation of emotions, difficulty in relating to peers and authority figures, and misbehavior in the classroom, among others. In adulthood, those with early histories of trauma have a disproportionately high incidence of depression, anxiety, relationship issues, chronic medical conditions, and often report "lacking a richness to life". We will also examine how early trauma can effect the development of structures of the brain which regulate emotions and impulses as well as how treating trauma can result in the development of new neuro-pathways needed for self-regulation. Finally we will look at the critical nature of the child's earliest relational experiences with a primary caregivers in terms of the role it plays in assisting children to develop the capacity to self-regulate.



This All-day conference on President's Day, Feb. 20, 2023 is for Early Childhood Educators & Mental Health Professionals / 6.0 credits for \$75 / Location TBD

FILM SERIES

HAPPINESS: A LENS INTO THE THERAPIST'S STRUGGLE TO ACCEPT THE MOST WOUNDED PARTS OF OURSELVES & OUR PATIENTS

WITH ABY MALLEY, LCSW | OCT. 14 AT 6:30 P.M.

Happiness provides an intimate gaze into the lives of several (truly miserable) people, and their misguided attempts at "happiness." The audience watches, often while cringing, as several characters- from the pitifully endearing to those whom we might label as "evil"- repeatedly chase the same, hopeless situations into their inevitably hopeless consequences. While difficult to watch, the film is ultimately compassionate, unbiased, and in some ways surprisingly optimistic. This lecture will focus on the experience of the viewer as it parallels that of the therapist sitting with a patient. This film is rich; it is compassionate yet cruel, hilarious yet gut wrenching, and refuses to provide its audience with the compacted, pithy morals we so often seek when watching a film. The therapist is faced with a similar dilemma, where the person in front of us contains multiple conflicting truths, and there is no succinct way to conceptualize or "define" any patient. The therapist realizes that in witnessing the complexity of another, they themselves are equally complex, and contain similar strengths and vulnerabilities. The therapist is compelled to release previously obtained notions of "right or wrong, good or bad," when understanding others as well as themselves. This film asks us to do the same, and thus will be used to illustrate the painful, yet ultimately liberating process of attempting to sit compassionately and without rigid judgement of ourselves and our patients.

SMOOTH TALK: PSYCHOPATHIC SEDUCTION AND HYPNOSIS INTO THE PSYCHOTIC REALM

WITH ABY MALLEY, LCSW | DEC. 16 AT 6:30 P.M.

Smooth Talk, based on the Joyce Carol Oates story "Where are You Going, Where Have You Been?" is a smoldering, close-up character study in human isolation, and the spectrum of pathology that evolves thereafter. Left to her own devices by self-absorbed parents, Connie is a 15-year-old girl engrossed in (and overstimulated by) her burgeoning sexuality. Captivated by fantasized encounters with men and boys, we watch Connie run headlong into these encounters, only to shrink fearfully in the face of real-life male attention. Connie eventually catches the attention of the wrong man, a stranger in the truest sense. The encounter that follows turns what could have been a banal, coming-of-age drama into a fascinating-and terrifying- study in human vulnerability, psychopathy, and the realm of the psychotic.

WAYS TO REGISTER



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COMMUNITY EDUCATION CREDIT INFORMATION

A special thank you to Mary Nielsen, M.D., Dean; Edmund Sprunger, MSW, Community Education Chair; and Sub-Committee leaders Joe Behrmann, MD; Donna Bonan, JD; Patricia Kyle Dennis, PhD, LCSW; Jacqueline Langley, PhD; Peter Ruderman, MSW, LCSW; and Chester Smith, MEd, LPC ;The Institute reserves the right to change information as needed. At time of print, the Institute's policy due to COVID-19 is to hold all Community Education courses virtually until safe to hold them in-person. Please check stpi.org for updates and changes.

PHYSICIANS: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint provider-ship of the American Psychoanalytic Association and the St. Louis Psychoanalytic Institute. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians. The American Psychoanalytic Association designates these Live Activities for AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity. IMPORTANT DISCLOSURE INFORMATION FOR ALL

LEARNERS: None of the planners and presenters of this CME program have any relevant financial relationships to disclose. COUNSELORS: The St. Louis Psychoanalytic Institute has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5953. Programs that do not qualify for NBCC credit are clearly identified. The St. Louis Psychoanalytic Institute is solely responsible for all aspects of the programs. PSYCHOLOGISTS: The St. Louis Psychoanalytic Institute is approved by the American Psychological Association to sponsor continuing education for psychologists. The St. Louis Psychoanalytic Institute maintains responsibility for this program and its content. SOCIAL WORKERS: The Missouri State Committee for Social Workers (reference Code of State Regulations 2263-2.082) accepts continuing education hours approved by the American Psychological Association. For information on instructor(s) and their credentials, please visit www.stpi.org or call us at 314-361-7075.