



**Making connections around  
the globe and at home.**

**Annual Report  
2022-2023**

SAINT LOUIS  
**PSYCHOANALYTIC**  
INSTITUTE



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## Message from Institute President



Preparing this essay for our annual report provides me with an occasion to make psychoanalytic comments on something I have read or thought about in the past year. This year, I had the opportunity to travel to the meetings of the International Psychoanalytical Association, held every two years; this time in Cartagena, Colombia. I love to go to these meetings because it allows me to concretely experience something I love about psychoanalysis; experiencing myself as a stranger. When we leave the comfort of our own Institute, especially to go to a place where the language is different, allows us to experience ourselves as strangers. **To be one who does not understand things that are happening around them, to have a time when everything is new.**

In Cartagena, my husband and I stayed at a hotel in the old city; 500 years old, and surrounded by a wall, to help them keep out the pirates. The streets are wide enough for only 1 small car at a time to pass. I walked each day to the modern conference center where we had our meetings and programs. This was outside the wall, in the modern new city, and on that walk, little was familiar to me. The food was new, the vendors with their carts, selling mangos, and chilled coconuts that they would cut open allowing us to drink the cool liquid inside. The music, the architecture, the street culture--all new. Once at the conference in many of the programs I was also a stranger. I do not speak Spanish beyond a few words, and the conference staff generally spoke no English, making it a challenge to get directions. Many of the speakers on the programs were bi-lingual and could speak English, but the ideas they were conveying, informed by their South American cultures, were at least somewhat untranslatable. In such a place, I find myself reminded that psychoanalysis is essentially about precisely this experience--translation, and the limits of that, and the impenetrable nature of the unconscious. To their psychoanalysts, patients grant access to their unconscious when they share with us their associations. However, once granted access, we are humbled by what we find. We are invited in, we feel we understand something of what we are hearing, but never are we satisfied that we understand all of it. Because there is something always other about us, and about them.

***This strangeness, and the experience of otherness is part of the daily work of psychoanalysis, and it is one of the gifts of psychoanalysis to the world: to anyone who will read a book or paper, come for a session, or listen to a lecture, there is entre to something new, and foreign, that can only be partially grasped.*** For those who support the Institute, we can only be grateful that you choose to journey beside us on what is an intriguing quest to understand the human mind at the deepest levels possible. Education in psychoanalysis and psychodynamic psychotherapy is a lifetime endeavor, and can richly reward those who undertake it. To be able to take this journey requires the support of others who value what we do. To our supporters, both individual people, and organizations, we are very appreciative of all you do for us.

Phoebe A. Cirio,  
President, St. Louis Psychoanalytic Institute



Message from  
Board Chair



I have been on the Board of the St. Louis Psychoanalytic Institute for many years and, for the past three years, served as the Chairperson of the Board. ***I hope to have been of benefit to the Institute, but as I glance back over my time with the Institute, I find that the benefits have largely come to me.*** Before joining the Board, I had no idea of what the actual study and work of psychoanalysis was, much less what a positive force it is and can be for all who have access to an understanding of this approach and the care and treatment it provides. Through my association with the Institute and its faculty, staff, and members, I have come to recognize that, besides all the knowledge, data, talents, and facts that we may strive to attain, there lies a vast emotional side in all of us that is too often unappreciated, misunderstood, or ignored.

I am reminded of an observation I read somewhere. It goes something like this: The mind is a servant; the heart its master. In today’s world, we have foolishly turned the servant into the master.

***It seems to me that much of the work of the Institute and psychoanalysis in general is to help people and maybe society restore the heart in each of us to its proper status – master of the mind.*** To recognize and respect the emotions and use what we are able to figure out and understand about those emotions to better address, respond to, and care for those emotions and the complex sources of those emotions.

St. Louis is blessed and privileged to count the Institute as one of its distinguished educational resources. The work of the Institute is essential and as the stress, conflict, and uncertainty of daily living grows ever more burdensome around so many of us, the importance of that work continues to grow as well. It is work, therefore, that is worth supporting. And while that support comes in many forms, one of the most critical is financial.

So, as I step down from the Chair of the Board confident that it remains in very capable hands, I want to urge each of us to put our money where our heart is. Give generously and help support what we are so lucky to have at the Institute.

Bud Luepke  
Outgoing Board Chair, St. Louis Psychoanalytic Institute

Educational Programs



The Institute provides fundamental, thorough, and advanced psychoanalytically informed professional education. In addition to our in-depth multi-year training programs, we offer shorter continuing education courses, lectures by national figures who are experts in their disciplines, as well as sophisticated library services. We also offer educational programs to the community in an effort to illuminate the complexities of human interaction and enrich community life.

Analytic Training Program

The Analytic Training Program is an intensive program for established professionals working toward a career in either Child or Adult Psychoanalysis. St. Louis Psychoanalytic Institute is the only Institute in St. Louis that can give certification of Psychoanalytic training.

Child Adolescent/Adult Psychodynamic Psychotherapy (CA/APP) Program

The Child Adolescent/Adult Psychodynamic Psychotherapy program is a two-year theoretical and clinic training program in psychoanalytically oriented psychotherapy. CA/APP and former APP program graduates use their training for counseling and brief treatment applications, as well as intensive psychotherapies.

Open Analytic Theory Classes

Each year, the Institute opens several classes in the training program to non-candidates. Graduates of an advanced psychotherapy program, individuals in psychiatric training programs, academics with a research interest in the area, along with Advanced Analytic Candidates and Faculty of the Institute may apply to take these open classes.

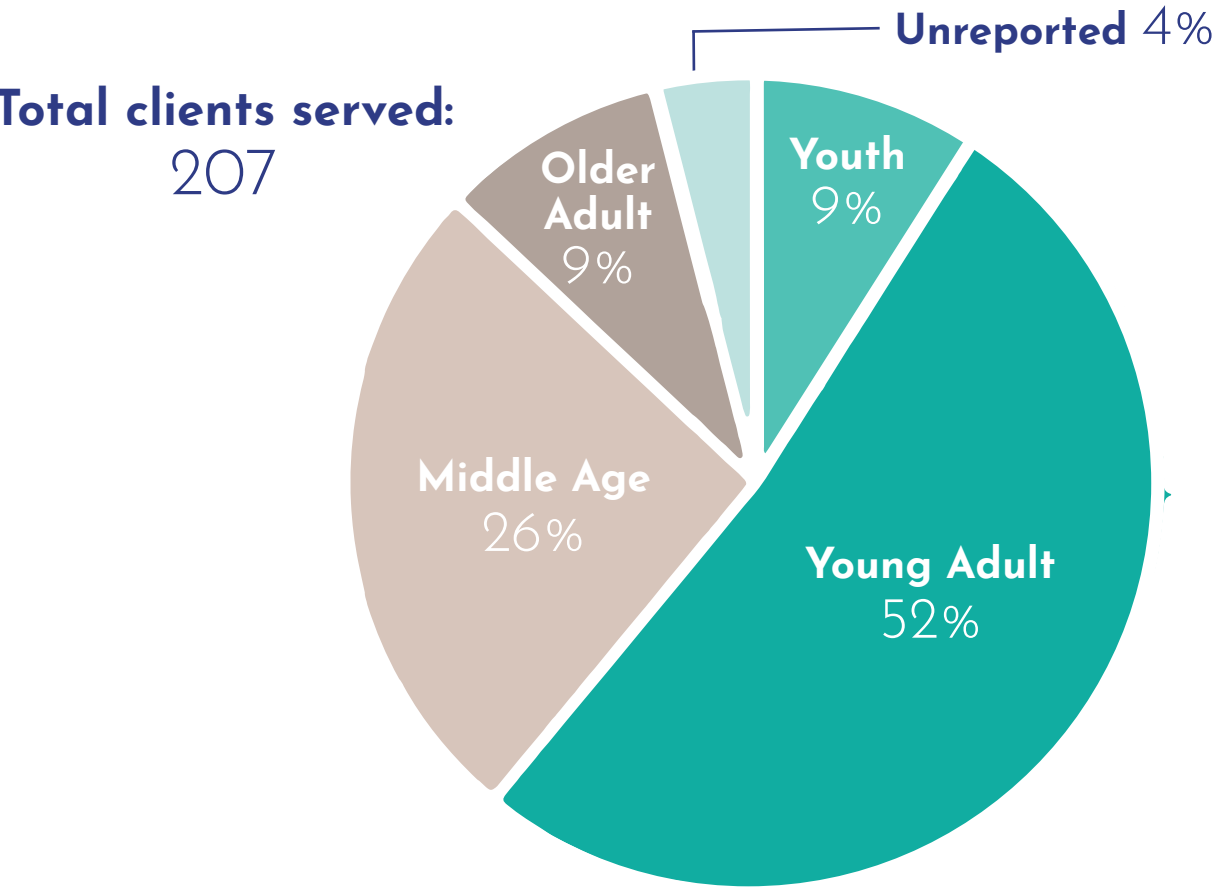
Community Education

The St. Louis Psychoanalytic Institute offers Continuing Education credits through classes and as part of the Institute’s Lectures and Seminars. STLPI is approved to provide advanced education by the following national and state entities: the American Psychoanalytic Association (APSA), Accreditation Council for Continuing Mental Education (ACCME), American Psychological Association (APA), National Board for Certified Counselors (NBCC), and the Department of Health & Senior Services, Section for Child Care Regulation (DHSS SCCR).

# The Herbert S. Schiele Clinic

The Schiele Clinic of the St. Louis Psychoanalytic Institute is a community resource that provides high-quality, in-depth assessment and treatment for fees based on the client's ability to pay. The Clinic has served over 207 clients and continues to help individuals assess the nature of their problems and provide appropriate treatment. The Clinic is staffed by clinical trainees who are supervised by expert psychotherapists and psychoanalysts. The Schiele Clinic partners with Casa de Salud's Mental Health Collaborative, Almost Home, and several universities in the St. Louis region to provide mental health services and education to the communities these organizations serve.

## Schiele Clinic Stats:



## Clinic Treatment Outcomes

**14 of 28 (50%) of Clinic clients** reported decreased anxiety symptoms after 20 therapy sessions

**17 of 28 (61%) of Clinic clients** reported decreased depression symptoms after 20 therapy sessions

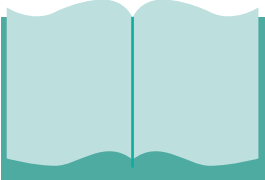
**15 of 28 (54%) of Clinic clients** reported decreased trauma symptoms after 20 therapy sessions

**57 of 57 (100%) of Clinic clients** reported gaining an increased awareness of their emotions since beginning therapy.

**57 of 57 (100%) of Clinic clients** reported that therapy helped them develop better ways of coping with strong emotions and difficult situations.

**57 of 57 (100%) of Clinic clients** reported high satisfaction with their therapy (rated therapy 6 or higher on a 10-point scale).

## Educational Outcomes



14 early mental health clinicians received training from the Clinic Program. Clinical trainees had an attendance rate of 88% for supervision sessions and 95% of case conferences.





## The Herbert S. Schiele Clinic Partnerships:

### Almost Home

This year, Almost Home joined the Schiele Clinic in partnership, aiming to offer therapy services to Almost Home members and training opportunities for Schiele Clinic trainees. As of Fall 2023, Almost Home will host trainees onsite at their residential facility where trainees will build relationships with and provide psychotherapy to members enrolled in Almost Home programs. Almost Home's mission is to empower young moms (members) to become self-sufficient and create a better future for themselves and their children.

### Casa de Salud's Mental Health Collaborative

The Schiele Clinic partners with the Mental Health Collaborative (MHC) to provide bilingual psychodynamic therapy and educational opportunities to the St. Louis community.

**Total MHC clients served:** 25

**MHC Case Conference attendees:** 42

**Trauma and the Immigrant Experience Event:** 33 attendees

### Universities:

The Clinic partners with universities in the St. Louis region to provide practicum and internship opportunities to graduate students.

Saint Louis University  
Ponce Health Sciences University St. Louis  
University of Missouri- St. Louis  
Washington University in St. Louis  
Webster University  
Lindenwood University







# Meet the Class of 2022-2023 GRADUATES



## Schiele Clinic Graduates 2023

Jennifer Logue, PhD  
Hailie Traylor  
James Owen, BA  
Harold Braswell, PhD, MSW  
Joanna Haydon  
Suzanne Laba, PhD  
Jennifer Goers, BS, MEd



## CA/APP Graduates 2023

Mollie Beth Brewer, EdS, LPC, NCC  
Danielle Free, NP  
Loren Gaillardetz PLPC, NCC  
Gabriel Linn, MSW  
Steven Portnoy, MA, LPC  
Melissa Strachan, PsyD



## Analytic Training Graduates 2023

Linda Horrell, MDiv, BCC, MSW, LCSW, QCSW  
Sundeep Jayaprabhu, MD  
Matt Shatzman, MA, LPC

# AWARDS & HONORS



## Ilene Edison CA/APP Teacher of the Year 2023



*The prestigious Ilene Edison Award is voted on annually by the students of the Child Adolescent/ Adult Psychotherapy (CA/APP) Program, and bestowed at each year's graduation ceremony.*

First Year Winner  
**Sundeep Jayaprabhu, MD**  
  
Second Year Winner  
**Andrew Chirchirillo, PhD**



## K. Lynne Moritz, MD Leadership Award 2023

*This award recognizes emerging faculty who show exceptional leadership, highlighting their activities and talents. This includes service to others, an honor as well as a responsibility. Strong leaders put the good of the group, program, or Institute before their own needs or benefits. A leader trusts and empowers others to achieve common values, beliefs, or goals.*

Winner  
**Joe Behrmann, MD**



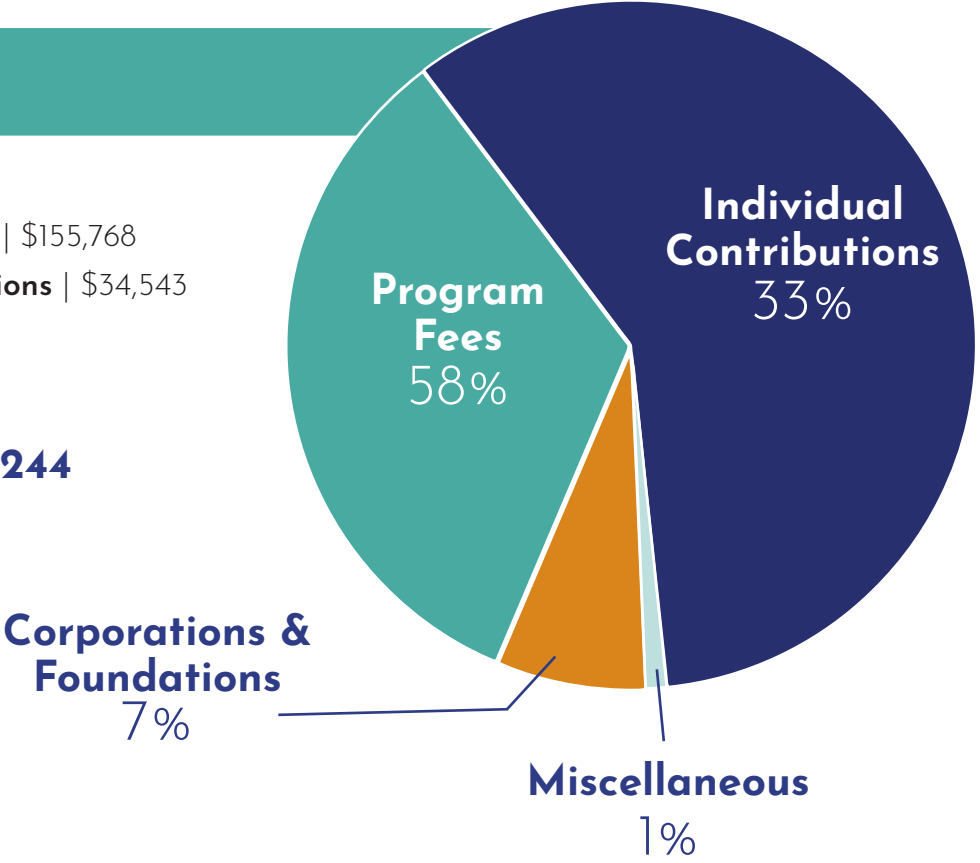


2022-2023  
FINANCIALS

Revenue

Individual Contributions | \$155,768  
Corporations & Foundations | \$34,543  
Program Fees | \$269,071  
Miscellaneous | \$5,862

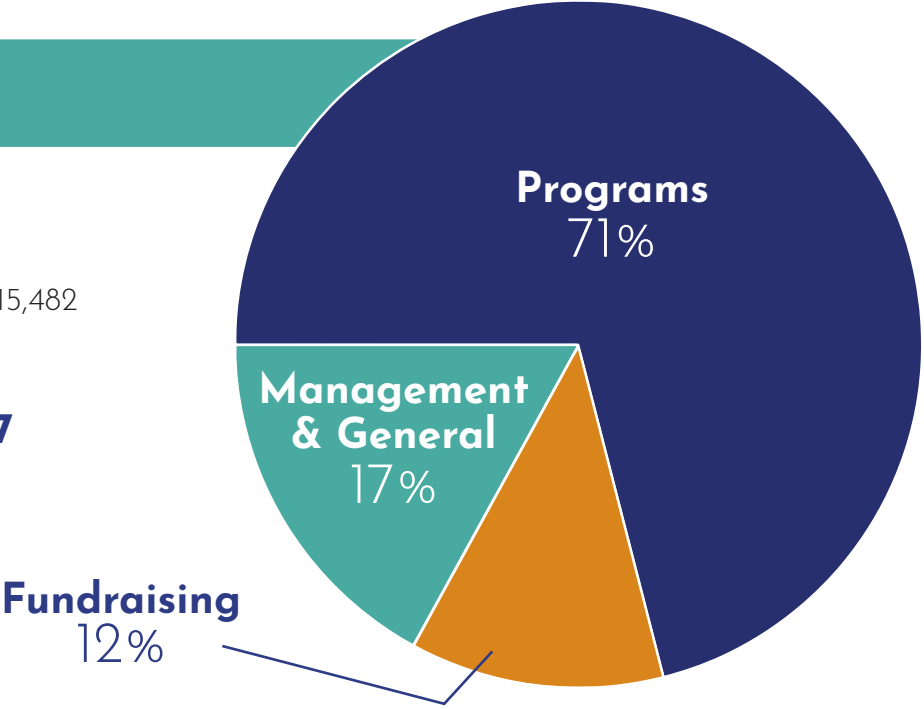
Total: \$465,244



Expenses

Fundraising | \$85,408  
Management & General | \$115,482  
Programs | \$486,607

Total: \$687,497





# BOARD OF DIRECTORS

## OFFICERS

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*In the fall of 2002, the St. Louis Psychoanalytic Institute established the D.W. Winnicott Society to honor those who provide annual support of \$1,000 or more. Winnicott members are a vital component of the Institute and we extend our sincere gratitude for their support.*

## Thank you to the 2022-2023 Winnicott Members:

**Kirill and Hope Abramov**  
**Blues for Kids**  
**Mark Boheim**  
**Catherine S. Bollinger**  
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