

# 2024 Seminar

## Suicidality: Learning from the Personal Experience of Suicidal People

with Phoebe Cirio, LCSW

**August 22, 2024 | 7 - 9 p.m.**

- Fee: \$76
- Credit Hours: 2
- Hybrid
- Intermediate

### Registration

[Stlpi.org/suicidality](https://stlpi.org/suicidality)



### Course Description

William Styron, vividly recounts the experience of his suicidal depression while suffering a breakdown in mid-life, in his small book *Darkness Visible: A Memoir of Madness*. Styron's material will be a large part of the narrative basis for the class, which will be augmented with psychoanalytic theoretical material on the precipitants of suicide.

We will examine the subjective experience of suicidality, and the particular stressors this causes for clinicians treating suicidal people.

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### Course Objectives:

1. Attendees will be able to delineate 2 characteristics of suicidality.
2. Attendees will be able to define 2 possible responses to a suicidal patient.
3. Attendees will be able to articulate 2 attributes they can observe within themselves that can compromise their response to a suicidal patient.



### Biography:

Phoebe A. Cirio, LCSW, is a graduate analyst, a member of the faculty, and a Training and Supervising Analyst at the St. Louis Psychoanalytic Institute.

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and the St. Louis Psychoanalytic Institute. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians. The American Psychoanalytic Association designates this Live Activity for a maximum of 2 AMA PRA category credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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