



# Community Education

2024-2025

SAINT LOUIS   
PSYCHOANALYTIC  
INSTITUTE

# Lectures & Seminars

Lectures & Seminars are designed for those in the community who may be interested in the topic, mental health, or are curious about the St. Louis Psychoanalytic Institute.



## HYMAN H. FINGERT, MD Lecture

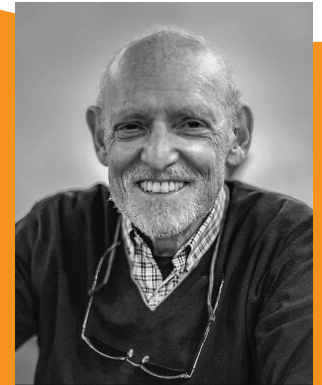
### What Words Can't Say. The Talking Cure and the Limits of Language

*with Howard Levine, MD*

March 28, 2025 | 7:30 p.m.

Fee: \$47 without credits and  
\$72 with credits | Credit Hours: 1.5

Virtual | Intermediate



Psychoanalysis is 'the talking cure,' but the problems raised by language are complex, paradoxical and perhaps unsolvable. At their most effective, words play a vital role in psychic homeostatic regulation and the psychoanalytic process that is analogous to the architecturally structural role played by the keystone of an arch. The problem, however, is that words can be used to reveal or conceal, to convey meaning or obscure, distort, hide, fragment or evacuate meaning. And sometimes the very nature of language falls short of being able to capture and adequately communicate the psychic dimensions of our emotional lives. This paper explores the limitations and possibilities of words and language in psychoanalysis from the perspective of the work of Freud, Bion and Green and ends with a coda from the writings of an analysand.

# I.H. COHN, MD

## Lecture



### When the Teacher's Feelings Hurt

with Edmund Sprunger, LCSW

October 10, 2024 | 7:30 p.m.

Fee: \$44 without credits and \$69 with credits

Credit Hours: 1.5 | Hybrid | Beginner

Students sometimes seem to dismiss their teachers' best attempts to help them learn. They might ignore simple directions, roll their eyes, sigh, or mention that elephants are the only animal that can't jump. Teachers can also feel disregarded by parents, who may attempt to discredit a teacher, fail to support their children's learning, or fault a teacher for not being motivating enough. This lecture presents ways to understand these behaviors, and useful ways to react to them—including using them as a springboard for development.



# PAUL A. DEWALD, MD

## Lecture

### Developing a Stable Internal Home: Implications for Analytic Technique, Adult Development, and Geographic Relocations

with Aisha Abbasi, MD

January 16, 2025 | 7:30 p.m.

Fee: \$62 without credits and \$87 with credits

Credit Hours: 2.0 | Virtual | Intermediate

Homesickness is a commonly used term, and a feeling that has been studied with interest, in psychoanalysis. The connection and distinction between homesickness and nostalgia has been noted in many analytic papers. Normal and pathological forms of both have been described. In this paper, Dr. Abbasi discusses the theoretical framework that informs our current understanding of homesickness. She outlines developmental factors that affect the evolution, emergence, and at times, the persistence of this feeling. Using clinical vignettes from her work, she demonstrates how and why the sense of homesickness emerges in therapeutic work at the time when it does, and the challenges and opportunities it presents, both for the patient and the analyst. Dr. Abbasi also shares with us her evolving understanding of her own feelings of homesickness, following two major immigrations in her life: one, when she moved from Pakistan to the USA in 1987; and the other, when she moved from Michigan to Portland, Oregon, in 2023. She delineates the intrapsychic work involved in such a process, and postulates that such work gives rise to the development of a new and more stable internal home within one's mind. She elaborates on the implications of this idea for analytic technique, especially as patients consider ending their work with the analyst. She also sees this as an important aspect of adult maturation and growth, one that is profoundly helpful during relocations, both local and distant, that many adults go through. Building upon Mahler's description of the first separation-individuation phase of toddlerhood, Blos' understanding of adolescence as a second individuation, and Akhtar's insights about immigration as a third individuation, Dr. Abbasi suggests that the development of a stable internal home in one's mind, during mid to late adult life, is akin to a fourth individuation process within the self.

## Windows into Psychotherapy

with *Stuart Ozar, MD and  
Juliana Varela, MSW, LCSW*

**Oct. 30, Nov. 6, 13, 20, Dec. 4, 11, 18,  
2024 | 7-9 p.m.**

**Fee:** \$100.00 (Book not included)

**Credit Hours:** 14.0

**Hybrid | Beginner**

For clinicians or mental health students who are curious about what it is that psychodynamic therapists actually do, we offer a “window” into the process and a chance to connect an introduction to theory with actual clinical material. Each class will begin with a brief theoretical description of a core clinical concept, followed by the presentation and discussion of material from a long-term psychotherapy process. We welcome lively discussion, dialogue and debate.

We encourage therapists working from within other theoretical frameworks to take this class. Some knowledge of psychodynamic theory and practice is helpful but not required.



## Judith Butler's Psychoanalysis

with *Nikki Karalekas, PhD, LCSW*

**Jan. 22, 29, Feb. 5, 2025 | 7:30-8:45 p.m.**

**Fee:** \$116.00

**Credit Hours:** 3.75

**Hybrid | Intermediate**

In a 2024 *New Yorker* profile, the philosopher Judith Butler described their experience as a patient in psychoanalysis: “It’s where I learned how to read. I was given permission to live and love, which is what I do in my work. It was a wise and generous gift, which allowed me to move forward with my life.”



This debt to psychoanalysis animates much of Butler’s academic work. Early on, they refashioned psychoanalysis to challenge foundational assumptions about gender circulating in feminist theory. More recently, Butler has used concepts of mourning, aggression, fantasy, and ambivalence among others to theorize the relationship between the psyche and socio-political problems.

This course will focus on Butler’s experience and engagement with psychoanalysis, in order to explore what impact their thinking can hold for clinical practice. We will focus both on their early work concerning gender as well as more recent writings about non-violence.

## Talking about Money

with *Harold Braswell, PhD, MSW*

**Feb. 12, 19 & 26, 2025 | 7:30 p.m.**

**Fee:** \$116.00

**Credit Hours:** 3.75

**Hybrid | Intermediate**

Some say the love of it is the root of all evil. Others don’t believe they can ever have enough. Therapists can, at times, avoid discussing it as much as anyone. Money. This course will examine how we talk about money in psychotherapy and psychoanalysis. We will begin with a general overview of the relationship of money and psychoanalysis, including a consideration of the ethics and politics of the sliding scale. Then we will consider how to explore the fee with patients as part of the analytic process. And, finally, we will discuss how to work with patients and analysts who have problems with money. Classes will be discussion-based, and students will be asked to come prepared to talk about two articles per week.



## Community Psychoanalysis: Past, Present, Future

with with Todd Dean, MD

**March 5, 12, 19 & 26, 2025 | 7:30 p.m.**

**Fee:** \$116.00

**Credit Hours:** 4.0

### Hybrid

This course is open to all who are interested in learning about community psychoanalysis.

Psychoanalysis has been criticized from its beginnings as a treatment that is only available to the genteel and affluent; however, at the same time, it is a treatment that, from very early in its development, has been seen as a potentially powerful force in the larger world: shortly after WWI, "Freud's free clinics", as described by Elizabeth Danto, began to appear in working class communities.

This should not surprise us: after all, psychoanalysis was revolutionary precisely because it considered the life experience of the analysand as central to the problems that led them to analysis: How could it not be connected to the larger community, as well?

In this class, we will explore the history and ongoing development of the concept of community psychoanalysis, starting with the work of Freud and other early analysts, and continuing through the work of Erich Fromm, Frantz Fanon and other groups, such as the initial appearance of psychoanalysis in Ireland in the 1920s, noting how psychoanalysis has been widely used in the larger cultural context, e.g., how it came to be seen as a central focus of the Harlem Renaissance, especially in the work of W.E.B. DuBois. From this, we will move on to discuss ways in which community psychoanalysis is practiced today, and how we can think about how it might be brought to bear in our communities now.



## Creativity and Early Loss

with Chester Smith, MEd

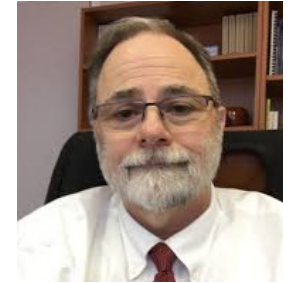
**Apr. 1, 8, 15 & 22, 2025 | 7-8:15 p.m.**

**Fee:** \$155.00

**Credit Hours:** 5.0

### Hybrid | Intermediate

Loss and trauma in general have long been understood to play a role in the creative process for many famous artists. Using the early histories of Munch, Van Gogh, and Picasso we will look at the role of loss as a contributor to their art. In this course we will also explore psychoanalytic views on how early development influences the development of the capacity for imagination and creativity. We will identify and discuss factors involved in creative inhibitions. Also addressed in the course will be the relationship of art to the artist and viewer through the lens of the "container-contained commensal relationship" (Maniadakis, 2020) as well as exploration of the concept of art as a transitional object.



## Writing and Psychoanalysis: An Annual Retreat

with Nikki Karalekas & Harold Braswell

**Meeting 1: April 2, 2025 | 7:30-8:45 p.m.**

**Meeting 2: April 16, 2025 | 7:30-8:45 p.m.**

**Meeting 3: May 4, 2025 | 10 a.m.-5 p.m.**

**Fee:** \$276.00 | **Credit Hours:** 9.5

**The Sunday class will be in person only; the Wednesday class will be hybrid.**

### Beginner



This course will explore the relationship between writing and psychoanalysis through a group workshop process. We will begin by holding two courses exploring the connection between psychoanalysis and writing: How do psychoanalysts work with difficulties that can arise during the creative process? How do we support our patients' creativity and our own? How might we give peers psychoanalytically minded feedback on their writing? We will then spend a day together reading and providing feedback on each others' writing. Prior writing experience is not required.

---

## Community Education Credit Information

These activities have been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and the St. Louis Psychoanalytic Institute. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates these Live Activities for a maximum of 45.75 AMA PRA Category Credit(s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS:** None of the planners and presenters for these educational activities have relevant financial relationship(s)\* to disclose with ineligible companies\* whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

\*Financial relationships are relevant if the educational content an individual can control is related to the business lines or products of the ineligible company.

**COUNSELORS:** The St. Louis Psychoanalytic Institute has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5953. Programs that do not qualify for NBCC credit are clearly identified. The St. Louis Psychoanalytic Institute is solely responsible for all aspects of the programs.

**PSYCHOLOGISTS:** The St. Louis Psychoanalytic Institute is approved by the American Psychological Association to sponsor continuing education for psychologists. The St. Louis Psychoanalytic Institute maintains responsibility for this program and its content. **SOCIAL WORKERS:** The Missouri State Committee for Social Workers (reference Code of State Regulations 2263-2.082) accepts continuing education hours approved by the American Psychological Association. For information on instructor(s) and their credentials, please visit [stlpi.org](http://stlpi.org) or call us at 314-361-7075.



Email us at [Office@STLPI.org](mailto:Office@STLPI.org)

ST. LOUIS PSYCHOANALYTIC INSTITUTE  
7700 CLAYTON RD., STE 200  
ST. LOUIS, MO 63117

## ABOUT US

The mission of the St. Louis Psychoanalytic Institute is to advance psychoanalysis and psychoanalytic thought, through training, treatment, education, and research to benefit the mental health of our diverse community.



7700 Clayton Rd Ste 200 | St. Louis, MO 63117

314-361-7075 | [www.stlpi.org](http://www.stlpi.org)

IG | [@stlpsychoanalytic](https://www.instagram.com/stlpsychoanalytic) Twitter | [@stl\\_pi](https://twitter.com/stl_pi) Facebook | [@STLPsychoanalyticInstitute](https://www.facebook.com/STLPsychoanalyticInstitute)